

Rainbows and Spectrum

Guiding Our Youth Through the Storms of Life

For: children 5-18 who have suffered the loss of a parent or loved one through death or divorce

Goal: To help children:

- * Verbalize their feelings*
- * Cope with stages of grief*
- * Believe in their own goodness and the value of their family*
- * Accept God as friend and parent*
- Realize that any change in life can be a new beginning*

Time: 2 seven-week semesters (fall & winter) Classes run for approximately one hour each week. Call Parish Outreach for registration at 265-2668.

